

## LUX MASTERS OPEN 2023

### 30th EDITION

14<sup>th</sup> – 15<sup>th</sup> October 2023

50m Pool at Campus Geeseknaeppchen  
(Boulevard Pierre Dupong, L-1430 Luxembourg)

Swimming Luxembourg is happy to welcome you for the **LUX MASTERS OPEN 2023**. We are proud to celebrate our 30<sup>th</sup> edition and are looking forward to celebrating this anniversary with you.

The competition is organized in compliance with the World Aquatics Masters rules and the FLNS regulations.

The organizer reserves its rights to make program changes if required.

### **Entries**

Each swimmer has to have a valid licence (affiliated to World Aquatics) to participate.

Registrations are open from **September 11<sup>th</sup> to October 07<sup>th</sup> 2023**

An electronic entry form is available on our website [www.swimming.lu](http://www.swimming.lu) and on [www.swimrankings.net](http://www.swimrankings.net). You will receive a confirmation email regarding your entries. We will send you a "draft" participant list in order to double check the entries with you.

**Before the event**, we will publish the program on our website [www.swimming.lu](http://www.swimming.lu)

- Email : [luxmasteropen@swimming.lu](mailto:luxmasteropen@swimming.lu) (Reference : Lux Masters Open 2023)

The organizer reserves the right to close entries progressively before the closing date of October 07<sup>th</sup> 2023 should respective events reach maximum capacity.

### **Fees**

- Registration fee: per individual event: 7 € / per relay: 10 €
- Fees are to be paid by transfer or in cash at arrival. Transfers can be made to:  
**Swimming Luxembourg, IBAN LU17 1111 0043 4577 0000,**  
**BIC Code: CCPLULL, Reference: Lux Masters Open 2023**
- If you do not get any confirmation, please contact us on: [luxmasteropen@swimming.lu](mailto:luxmasteropen@swimming.lu)

## General regulations

- Races will fall under the regulation of World Aquatics and FLNS.

- INDIVIDUAL EVENTS - for Women and Men

Freestyle – 50m, 100m, 200m, 400m, 800m and 1500m  
Backstroke, Breaststroke and Butterfly – 50m, 100m and 200m  
Individual Medley – 200m and 400m.

Age Groups:

25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74,  
75 – 79, 80 – 84, 85 – 89, 90 – 94, 95 – 99, 100 – 104, ...  
(five year age groups as high as is necessary).

- RELAYS - for Women, Men and Mixed (2 Women / 2 Men)

Freestyle: 4x 50m

Medley: 4x 50m

Age Groups: 100 – 119, 120 – 159, 160 – 199, 200 – 239, 240 – 279, 280 – 319...  
(forty years age groups as high as is necessary).

Entries for relays have to indicate the name of the swimmers, their year of birth and the order of swimming. The swimmers in a relay do not have to have official times in the specific distance. However be sure that the entry time of the relay is realistic.

Changes in relay teams must be indicated by submitting a new starting card before the warm up of the session in which the relay will be swum.

All members of a relay team must be from the same club and have completed the individual entry form. A competitor may only compete in one age group in the same relay event.

The mixed teams shall consist of two competitors of each sex swimming in any order.

- PREMASTERS (20 – 24) can take part to LUX MASTERS OPEN 2023 on individual events. Premasters will be put in the same heats as Masters.

They can also participate in relays subject to all 4 team members being Premasters.

Relay teams with one or more 20+ participants are excluded from European and World Masters record and LEN and World Aquatics / FINA rankings.

- The organisation reserves the right to make changes if the circumstances so require. Participants can never hold the organisation responsible for the consequences of participating. By entering the participant confirms that he or she is fit enough to participate in this competition

## **Heats and seeding**

- Starting lists will be published on our website ([www.swimming.lu](http://www.swimming.lu)) as soon as the entries have been processed. No changes are possible hereafter.
- The heats will be seeded with up to 10 persons per heat according to entry times.
- The program will be posted on the wall of the pool (no paper copy will be distributed)
- For organizational reasons and to limit the duration of the competition, the committee might limit the entries after the deadline (especially for 800m and 1500m).
- The organizing committee reserves the right to mix the genders in the 800m and 1500m freestyle heats. Participants in the 800m and 1500m freestyle will have to arrange for someone to manage their lap counters.
- **For the 1500m freestyle the cut off time is fixed to 32 minutes.** A swimmer may be taken out of the 1500m freestyle by the referee if he or she is still swimming when the cut off time has been reached.

## **Start procedure**

- There is no call room or marshalling area.  
Swimmers have to make sure themselves to be at the start on time. There will be no waiting
- There will be overhead starts (except the relays).  
After finishing swimmers must stay in their own lane, to the side and at a distance of at least one metre from the electronic touchpad.
- After the start of the next heat, or after directions from the officials, swimmers should leave the water as soon as possible

## **Team Leaders Meeting**

A technical meeting for all team leaders will be held on Saturday October 14<sup>th</sup> 2023 at 8 a.m. poolside.

## Officials

- All participating clubs are invited to nominate officials to ensure the smooth running of the competition. Complimentary lunch and water will be provided during the competition.
- Local officials are requested to register through the FLNS App:  
[http://app.flns.lu/flns\\_juges/\\_login.php](http://app.flns.lu/flns_juges/_login.php)
- Foreign officials should notify the organizing committee indicating their availability and their preferred domains, by sending an email to [luxmasteropen@swimming.lu](mailto:luxmasteropen@swimming.lu)
- All Officials are required to wear long white trousers and closed white shoes. An Event T-Shirt will be provided.

## Results

- Results will be published in two places at the swimming pool during the event and posted on the Swimming Luxembourg website ([www.swimming.lu](http://www.swimming.lu)).  
An Ixf file will be also published on our website.
- **No results will be printed on paper.**

**By entering the LUX MASTERS OPEN as a competitor, we inform you that your name, surname, date of birth and performance will be communicated to the LUX MASTERS OPEN committee, and you hereby consent that this information shall be made public and published on the internet.**

## Awards

There will be a medal ceremony for each event.

- In each individual event and relay, there will be three medals per age group.
- Oldest male and female participant will be honored.
- Team-award: The 3 best clubs will receive a trophy.

The points will be distributed as follows:

1 <sup>st</sup> place – 12 points	2 <sup>nd</sup> place – 10 points	3 <sup>rd</sup> place – 8 points
4 <sup>th</sup> place – 6 points	5 <sup>th</sup> place – 4 points	6 <sup>th</sup> place – 2 points

**The medal ceremonies will take place during the competition, near the pool**

Be aware of announcements from the speaker.

Absence from the medal ceremony means no award.

## **Media**

The competition may be covered by both photographers and video-cameras. By registering to the competition, you permit the organizer to publish such material on their website and/or other social media channels.

## **Social activities / Food**

- There will be a stand with sandwiches, cakes, snacks etc. throughout the competition and the medal ceremony.
- Warm lunch (including water) between noon and 2 p.m. at the pool complex both Saturday and Sunday for the price of 16 €

**Lunch must be ordered in advance through the attached form.**

**Dead line October 07<sup>th</sup> 2023.**

## **Event Cancellation**

- In the instance that the event is cancelled by the event organizer, full refunds of entry fees to the competition will be offered to all competitors.
- No refunds will be offered for any other expenses incurred in relation to the competition.

## Accommodation

The organizing committee does not reserve any hotel rooms.

### **HOTELS**

#### **HOTEL MELIA (4.4km)**

1, Park Drai Eechelen  
L-1499 Luxembourg (Kirchberg)  
Tel: +352 27 33 31  
[reservations.melia.luxembourg@melia.com](mailto:reservations.melia.luxembourg@melia.com)

#### **INNSIDE Luxembourg (2.8 km)**

12 rue Henri M.Schnadt  
L-2530 Luxembourg (Gasperich)  
Tel: +352 28 84 53 1  
[reservations.innside.luxembourg@melia.com](mailto:reservations.innside.luxembourg@melia.com)

#### **Special Prices for MELIA and INNSIDE:**

<https://events.melia.com/events/melia-luxembourg/Lux-Masters-Open-2023.html>

#### **PARK INN HOTEL (3km)**

45-47, avenue de la Gare  
L-1117 Luxembourg  
Tel: +352 268918 1  
[info.luxembourg@rezidorparkinn.com](mailto:info.luxembourg@rezidorparkinn.com)

#### **HOTEL PARC BELAIR**

111, avenue du X septembre (1km)  
L-2551 Luxembourg  
Tel: +352 44 23 23 1

#### **HOTEL ITALIA (4km)**

15-17, rue d'Anvers  
L-1130 Luxembourg  
Tel: +352 48 66 26 1  
[www.hpb.lu](http://www.hpb.lu)

#### **HOTEL PIEMONTE**

56-58 route d'Esch (1km)  
L-1470 Luxembourg  
Tel: +352 25 42 01 1  
[www.hotelpiemont.lu](http://www.hotelpiemont.lu)

#### **YOUTH HOSTEL**

2, rue Fort Olisy (6km)  
L-2261 Luxembourg  
Tel: +352 22 68 89 20  
[www.youthhostels.lu](http://www.youthhostels.lu) (shuttle bus possible)

#### **HOTEL IBIS**

Rue de Turi (12km)  
L-3378 Livange  
Tel: +352 26 52 01

#### **HOTEL CHRISTOPHE COLOMBUS**

10, rue d'Anvers (3km)  
L-1130 Luxembourg  
Tel: +352 40 84 14 1  
Mail: [H5587@accor.com](mailto:H5587@accor.com)

#### **HOTEL LE CHATELET**

2, boulevard de la Pétrusse (4km)  
L-2320 Luxembourg  
Tel: +352 40 21 01  
[www.chatelet.lu](http://www.chatelet.lu)

# Program

## LUX MASTERS OPEN 2023

**Saturday, October 14<sup>th</sup> 2023**

**1<sup>st</sup> part : Warm up 8.00, Competition 9.00**

**Race 1.** 1500m Freestyle Women  
Women 20+ Women 25+  
**Race 2.** 1500m Freestyle Men  
Men 20+ Men 25+

**Race 3.** 200m Backstroke Women  
Women 20+ Women 25+  
**Race 4.** 200m Backstroke Men  
Men 20+ Men 25+

**Race 5.** 50m Breaststroke Women  
Women 20+ Women 25+  
**Race 6.** 50m Breaststroke Men  
Men 20+ Men 25+

**2<sup>nd</sup> part : Warm up 13.30, Competition 14.30**

**Race 7.** 50m Backstroke Women  
Women 20+ Women 25+  
**Race 8.** 50m Backstroke Men  
Men 20+ Men 25+

**Race 9.** 4x 50m Medley Women  
Women 80+ Women 100+

**Race 10.** 4x 50m Medley Men  
Men 80+ Men 100+

**Race 11.** 100m Freestyle Women  
Women 20+ Women 25+

**Race 12.** 100m Freestyle Men  
Men 20+ Men 25+

**Race 13.** 400m Medley Women  
Women 20+ Women 25+

**Race 14.** 400m Medley Men

Men 20+ Men 25+

**Race 15.** 100m Butterfly Women  
Women 20+ Women 25+

**Race 16.** 100m Butterfly Men  
Men 20+ Men 25+

**Break 20 minutes**

**Race 17.** 4x 50m Medley Mixed  
Mixed 80+ Mixed 100+

**Race 18.** 200m Breaststroke Women  
Women 20+ Women 25+

**Race 19.** 200m Breaststroke Men  
Men 20+ Men 25+

**Race 20.** 400m Freestyle Women  
Women 20+ Women 25+

**Race 21.** 400m Freestyle Men  
Men 20+ Men 25+

**Sunday, October 15<sup>th</sup> 2023**

**3<sup>rd</sup> part : Warm up 8.00, Competition 9.00**

**Race 22.** 800m Freestyle Women  
Women 20+, Women 25+

**Race 23.** 800m Freestyle Men  
Men 20+, Men 25+

**Race 24.** 4x 50m Freestyle Women  
Women 80+ Women 100+

**Race 25.** 4x 50m Freestyle Men  
Men 80+ Men 100+

**Race 26.** 100m Backstroke Women  
Women 20+ Women 25+

**Race 27.** 100m Backstroke Men  
Men 20+ Men 25+

**Race 28.** 200m Medley Women  
Women 20+ Women 25+

**Race 29.** 200m Medley Men  
Men 20+ Men 25+

**Race 30.** 50m Butterfly Women  
Women 20+ Women 25+

**Race 31.** 50m Butterfly Men  
Men 20+ Men 25+

**4<sup>th</sup> part : Warm up 13.00, Competition 14.00**

**Race 32.** 50m Freestyle Women  
Women 20+ Women 25+

**Race 33.** 50m Freestyle Men  
Men 20+ Men 25+

**Race 34.** 200m Butterfly Women  
Women 20+ Women 25+

**Race 35.** 200m Butterfly Men  
Men 20+ Men 25+

**Race 36.** 100m Breaststroke Women  
Women 20+, Women 25+

**Race 37.** 100m Breaststroke Men  
Men 20+, Men 25+

**Race 38.** 200m Freestyle Women  
Women 20+, Women 25+

**Race 39.** 200m Freestyle Men  
Men 20+, Men 25+

**Race 40.** 4x 50m Freestyle Mixed  
Mixed 80+ Mixed 100+











